



# P.S. Academy's Class Schedule 2016 by Grandmaster Hyong, Ph.D.



Effective as of January 1, 2016  
(630) 527-8900 [www.psacademy.com](http://www.psacademy.com)

Monday	Tuesday	Thursday	Saturday
			8:45-9:15 Little Tigers
5:30-6:00 Little Tigers			9:15- 9:45 White Belt
6:00-6:45 Kids Mixed/Family Class	6:00-6:45 P.D. (closed)	6:00-6:45 Yellow-Green Belt	9:45 -10:30 Yellow-Green
6:45-7:30 Hap Ki Do & Kumdo	6:45-7:30 BI-BB	6:45-7:15 White Belt	10:30-10:40 Smash Club 10:30-11:15 Leadership
7:30-8:15 Adults Mixed	7:30-8:15 Yellow-Green	7:15-8:00 Blue-Black	11:15- 12:00PM BI-BB 12:00-12:30 Red-BB

**Class Descriptions:**

**Adults Mixed:** Adults, 16 years and older, all belt ranks

**Kids Mixed/Family Class:** All ages & ranks parents can take this class together.

**LEADERSHIP\*:** BBC Members: Please be on the floor, dressed and ready 5-minutes before the class starts. Materials ready!

**Little Tigers:** 3-6 years of age with a parent!

**Gyeokpa Workshops, Verification, Tests:** Every 4th Saturday/mo. Gyeokpa @ 1, Verification @ 1:30, Test @ 2

**Black Belt Monthly Training Times:** Every Saturday from 12:00 - 12:30 p.m.!

**Hap Ki Do and Kumdo:** Practical self-defense class open to Yellow Belt and Higher ages 8 and above.

Kumdo (bamboo sword): learning how to use, defend, wield the kumdo

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